
C.I. Blanco-Vela\textsuperscript{a},\textsuperscript{∗}, V.M. Luna-Ayala\textsuperscript{b}, J. Perez-Aguirre\textsuperscript{c}
\textsuperscript{a} Servicio de Gastroenterología, Hospital Juárez de México, Secretaría de Salud, Mexico City, Mexico
\textsuperscript{b} Residente del Servicio de Cirugía General, Hospital Central Militar, Mexico City, Mexico
\textsuperscript{c} Servicio de Coloproctología, Hospital Central Militar, Mexico City, Mexico
\textsuperscript{∗} Corresponding author: Hospital Juárez de México. Universidad Nacional Autónoma de México. Av. Instituto Politécnico Nacional 5160, Col. Magdalena de las Salinas, Delegación Gustavo A. Madero, CP 07760, México D.F. Phone/ fax: +57 47 7560.
E-mail address: c.i_b.v@hotmail.com (C.I. Blanco-Vela).

Reversal of acute liver failure with N-acetylcysteine and prednisone in a patient with DRESS syndrome: A case report and literature review\textsuperscript{12}

Falla hepática aguda en una paciente con síndrome de DRESS que revirtió con N-acetilcisteína y prednisona. Reporte de caso y revisión de la literatura

Drug Rash with Eosinophilia and Systemic Symptoms (DRESS) is an idiosyncratic reaction to medication\textsuperscript{1} that is characterized by skin rash, hematologic alterations, and organ involvement.\textsuperscript{2} It has been related to the ingestion of phenytoin and other anticonvulsant agents.\textsuperscript{3} Skin reactions have been described in up to 19% of patients between 6 and 8 weeks after drug initiation.\textsuperscript{3} The mortality rate is above 10% and death is commonly secondary to acute liver failure (ALF).\textsuperscript{4}

One month before her hospital admittance, a 46-year-old woman presented with subarachnoid hemorrhage due to a ruptured aneurysm of the posterior left cerebral artery; the affected vessel was clipped and she began adjuvant management with 100 mg of phenytoin every 8 h. She had no past history of herbal medicine or alcohol consumption, or prior use of other medication or hepatotoxic agents. Forty-eight hours after drug initiation, the patient noticed maculopapular lesions on both hands that resolved spontaneously, with no other symptoms. Three weeks later the maculopapular lesions became generalized and turned into an exfoliative dermatitis. She developed unmeasured fever along with pruritus, jaundice, and choloria. Upon hospital admittance the patient presented with dehydration, jaundice, generalized maculopapular lesions with fine flaking (fig. 1), cervical adenomegaly, hepatomegaly of 3 cm under the costal margin, and no hepatic encephalopathy (HE). Her laboratory tests reported: leukocytes 5,000 L\textsuperscript{-1}, eosinophils 1,800 L\textsuperscript{-1}, urea 104 mg/dL, creatinine 5.6 mg/dL, total bilirubin 8.6 mg/dL, albumin 2.9 g/L, alanine aminotransferase 171 U/L, aspartate aminotransferase 333 U/L, alkaline phosphatase 751 U/L, gamma-glutamyl transpeptidase 1,814 U/L, prothrombin time 38%, and international normalized ratio (INR) 1.8. Cultures had no pathogen development, the viral panel was negative for hepatitis A, B, and C, and cytomegalovirus (CMV) and Epstein-Barr virus (EBV) IgM serology were negative. Abdominal ultrasound showed no chronic hepatopathy data, no biliary tract dilation, no vascular thrombosis, and no alterations in either kidney. Management was begun with prednisone 1 g/kg of weight and pentoxifylline 300 mg every 6 h; on her second day in the hospital, the patient presented with stage 2 hepatic encephalopathy characterized by asterixis and bradypsychia. The data indicated: stage 2 HE, INR

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Figure 1 Cutaneous lesions characteristic of DRESS. A, A') Upon admission. B) Progression after 4 days of treatment. C) Day 6 of treatment.
Clinical symptoms are characterized in 1,2,5,6 and is independent of the 9 disorder is in addition to ruling out infection, in cases of ALF, in 3 cases of ALF, 2 doses of intravenous methylprednisolone at 1 mg/kg of weight, followed by oral steroid, has shown good results. 7 Liver transplantation (LT) is the treatment of choice for patients with ALF that do not respond to high doses of steroids. 8 NAC has been proposed as part of the treatment for patients with ALF secondary to the ingestion of paracetamol, as an antidote to intoxication by that drug, and some studies have shown its usefulness in patients with ALF due to the ingestion of other medications. 9 NAC combined with steroids has been reported mainly in patients with anticonvulsant-induced DRESS, with a favorable response, 10 but the number of studies supporting its use is insufficient. 9

Our patient’s illness was induced by phenytoin and upon admittance she showed data of ALF and acute renal failure (ARF) (probably due to interstitial nephritis). She was successfully treated with the combination of oral steroid and NAC and the suspension of phenytoin. We believe that early initiation of the double therapy in ALF patients can lead to improvement, averting the need for LT.

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Conflict of interest

The authors declare that there is no conflict of interest.

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E. Pérez-Reyes a, A. Casanova-Lara a, E. Pérez-Torres b, J. Córdova b,∗
a Servicio de Gastroenterología, Hospital General de México, México DF, México
b Servicio de Gastroenterología, Instituto Nacional de Ciencia Médicas y Nutrición Salvador Zubirán, México DF, México
∗Corresponding author: Servicio de Gastroenterología, Instituto Nacional de Ciencia Médicas y Nutrición Salvador Zubirán, México DF. Vasco de Quiroga 15 Colonia Sección XVI Delegación Tlalpan CP 14000 México DF. Teléfono: +55 73 34 18.
E-mail address: jacquiemex2@yahoo.com.mx (J. Córdova).